

# COUNSELING AND HUMAN DEVELOPMENT

## MASTER'S

### Master's programs

- Master of Arts in Education and Human Development in the field of clinical mental health counseling (<http://bulletin.gwu.edu/education-human-development/counseling-human-development/master-education-human-development-clinical-mental-health-counseling/>)
- Master of Arts in Education and Human Development in the field of rehabilitation counseling with licensure eligibility
- Master of Arts in Education and Human Development in the field of school counseling (<http://bulletin.gwu.edu/education-human-development/counseling-human-development/master-school-counseling/>)
- Master of Arts in Education and Human Development individualized program (<http://bulletin.gwu.edu/education-human-development/educational-leadership/human-development-individualized-program/>)

## DOCTORAL

### Doctoral program

- Doctor of Philosophy in the field of counseling (<http://bulletin.gwu.edu/education-human-development/counseling-human-development/doctor-counseling/>)

## CERTIFICATE

### Graduate certificate programs

- Counseling and life transitions (<http://bulletin.gwu.edu/education-human-development/counseling-human-development/certificate-life-transitions/>)
- Foundations of rehabilitation services (<http://bulletin.gwu.edu/education-human-development/counseling-human-development/certificate-foundations-of-rehabilitation-services/>)

### Post-master's certificate program

- Counseling (<http://bulletin.gwu.edu/education-human-development/counseling-human-development/post-master-certificate/>)

## FACULTY

Professors: K. Hergenrather, S. Marotta-Walters (*Chair*)

Associate Professors: S. Beveridge, R. Froehlich, R. Lanthier, L. McCullough, M. McGuire-Kuletz, D. Pittman

Assistant Professors: M. Attia, B. Das, M. DeRaedt, M. Parker, H. Peters

## COURSES

### Explanation of Course Numbers

- Courses in the 1000s are primarily introductory undergraduate courses
- Those in the 2000s to 4000s are upper-level undergraduate courses that also may be taken for graduate credit with permission and additional work assigned
- Those in the 6000s and 8000s are for master's, doctoral, and professional-level students
- The 6000s are open to advanced undergraduate students with approval of the instructor and the dean or advising office

Programs in counseling are offered at the graduate level by the Graduate School of Education and Human Development (<http://gsehd.gwu.edu>) through its Department of Counseling and Human Development (<https://gsehd.gwu.edu/counseling-and-human-development/>).

#### **CNSL 0920. Continuing Research - Master's. 1 Credit.**

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#### **CNSL 0940. Continuing Research - Doctoral. 1 Credit.**

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#### **CNSL 2102. Foundations of Counseling. 3 Credits.**

#### **CNSL 2162. Professional and Ethical Orientation to Counseling. 3 Credits.**

The roles and functions of a professional counselor and the ethical standards that govern the profession.

#### **CNSL 2163. Psychosocial Adjustment. 3 Credits.**

Mental health problems; emphasis on needs of counselors, teachers, and others working with children and adolescents.

#### **CNSL 2376. Introduction to Rehabilitation Counseling. 3 Credits.**

Overview of rehabilitation profession, including philosophy, history, ethics, theory, legislation, settings, and practice.

#### **CNSL 2378. Disability Management and Psychosocial Rehabilitation. 3 Credits.**

Case management services for persons with physical, mental, and emotional disabilities.

#### **CNSL 2381. Medical and Psychosocial Aspects of Disabilities. 3 Credits.**

Chronic and traumatic disorders; rehabilitation and psychosocial implications.

#### **CNSL 5099. Variable Topics. 1-99 Credits.**

#### **CNSL 6100. Special Workshop. 1-12 Credits.**

Topics to be announced in the Schedule of Classes. May be repeated for credit. Credit cannot be earned for this course and CPED 6100, CPED 6199, SPED 6100, SPED 6299.

#### **CNSL 6101. Research and Independent Study. 1-3 Credits.**

Individual research under guidance of a staff member. Program and conferences arranged with an instructor.

**CNSL 6103. Thesis Research. 3 Credits.**

**CNSL 6104. Thesis Research. 3 Credits.**

**CNSL 6114. Introduction to Research and Evaluation in Counselor Education. 3 Credits.**

Conceptual understanding of research design and analysis of quantitative, qualitative, and mixed methods designs for the consumer and future producer of research. Restricted to students in master's and doctoral counseling programs.

**CNSL 6130. Vocational Assessment of Individuals with Disabilities. 3 Credits.**

Investigation of vocational appraisal processes and techniques for individuals with disabilities. Includes assessment for transition using field-based assignments. Three credits of practicum experience for students specializing in vocational evaluation. Material fee. Same as SPED 6230.

**CNSL 6151. Professional and Ethical Orientation to Counseling. 3 Credits.**

The roles and functions of a professional counselor and the ethical standards that govern the profession.

**CNSL 6153. Counseling Interview Skills. 3 Credits.**

Acquisition of counseling skills common to all theories through lectures, demonstrations by faculty, role playing, and videotaping. Permission of the instructor required for non-counseling majors. CNSL 6151 may be taken as a corequisite. Material fee. Prerequisites: CNSL 6151 for counseling majors.

**CNSL 6154. Theories and Techniques of Counseling. 3 Credits.**

An introduction to basic counseling and psychotherapeutic theories and associated techniques. Prerequisite or concurrent registration: CNSL 6151 (for counseling majors); permission of instructor is required for others.

**CNSL 6155. Career Counseling. 3 Credits.**

A consideration of theory, practice, and the body of information related to career counseling, choice, and development over the life span. Prerequisite: CNSL 6153, EDUC 6114 for counseling majors; permission of instructor is required for others. Material fee.

**CNSL 6157. Individual Assessment in Counseling. 3 Credits.**

Detailed study of individual analysis and appraisal techniques. Development of systematic case study. Prerequisite: CNSL 6153, EDUC 6114 for counseling majors; permission of instructor is required for others. Material fee.

**CNSL 6159. Psychosocial Adaptation. 3 Credits.**

Mental health problems; emphasis on needs of counselors, teachers, and others working with children, adolescents, and adults.

**CNSL 6161. Group Counseling. 3 Credits.**

Principles of group dynamics as related to interaction within groups. Techniques and practice in group counseling. Prerequisite or concurrent registration: CNSL 6151 (for counseling majors); permission of instructor is required for others.

**CNSL 6163. Social and Cultural Dimensions of Counseling.. 3 Credits.**

Basic sociocultural concepts in counseling theory and how they apply to the practice of the counseling profession. CNSL 6153 may be taken as a corequisite. Permission of the instructor required for non-counseling majors. Prerequisites: CNSL 6153.

**CNSL 6164. Values, Spiritual, and Religious Issues in Counseling. 3 Credits.**

The theoretical and practical intersection of counseling, psychotherapy, and mental health considerations with religion and spirituality. The clinically effective and ethically responsible integration of religion and spirituality into counseling. Prerequisite or concurrent registration: CNSL 6151 (for counseling majors); permission of instructor is required for others.

**CNSL 6169. Substance Abuse and Addictions Counseling. 3 Credits.**

Theories and techniques for individual, group, family, and self-help counseling applied to substance abuse and addictive disorders. Prerequisites: CNSL 6153.

**CNSL 6170. Grief and Loss. 3 Credits.**

Exploration and discussion of grief and loss from theoretical, practical, cross-cultural, and personal perspectives; implications for counselors within a multidisciplinary environment.

**CNSL 6171. Family Counseling. 3 Credits.**

The family as a system: how it affects the client and how the client affects it. Didactic presentations, role playing, and work with simulated families. Prerequisite or concurrent registration: CNSL 6153 (for counseling majors); permission of instructor is required for others.

**CNSL 6172. Human Sexuality for Counselors. 3 Credits.**

Issues of sexuality as related to counseling in contemporary society. Prerequisite or concurrent registration: CNSL 6153 (for counseling majors); permission of instructor is required for others.

**CNSL 6173. Diagnosis and Treatment Planning. 3 Credits.**

For counselors and mental health practitioners. Symptoms and treatment of various mental disorders. The process of making psychiatric diagnoses. A variety of treatment strategies are covered, along with their application to various disorders. Prerequisite: CNSL 6153.

**CNSL 6174. Trauma and Crisis Intervention. 3 Credits.**

This course provides the counseling student with an introduction to research, theory, and practices within the field of traumatology. The course covers the historical evolution of the field; biopsychosocial underpinnings of trauma and trauma spectrum disorders; issues in diagnosis, assessment, and intervention from a culturally diverse framework; and a synthesis of best practices as they are currently evolving. Using a developmental and systemic approach, the course provides a counseling perspective on the knowledge base from the multiple disciplines that contribute to the field of traumatology.

**CNSL 6175. Living and Dying: A Counseling Perspective. 3 Credits.**

Survey of fundamental psychosocial issues surrounding grief, loss, and life-threatening illness. Topics include AIDS, suicide, multiple loss, caregiver's grief, spirituality, and cross-cultural issues.

**CNSL 6177. Spirituality and Loss. 3 Credits.**

Exploration of how spiritual beliefs, faith traditions, and life philosophy affect the process of dying, bereavement, and grieving. Effective counseling approaches.

**CNSL 6179. Children and Loss. 3 Credits.**

The process of grief, loss, and death as experienced by children and adolescents from theoretical, moral, spiritual, and developmental perspectives. Development of effective and sensitive skills and competencies to meet the needs of children and their families as they face life-challenging transitions.

**CNSL 6180. Introduction to Play Therapy. 3 Credits.**

Introduction to the concepts, history, and skills of play therapy. Students learn attitudes and skills needed to establish and maintain facilitative relationships with children that encourage self-expression and facilitate change.

**CNSL 6185. Internship in Counseling. 3 Credits.**

First part of a two-semester clinical experience for degree and certificate candidates in counseling. Includes 100 hours of supervised practicum in a counseling setting.

**CNSL 6186. Advanced Internship in Counseling. 3 Credits.**

Second part of a two-semester clinical experience for degree and certificate candidates in counseling. Includes 600 hours of supervised counseling experience in a counseling setting. Prerequisite: CNSL 6185.

**CNSL 6188. Systems in Career Counseling Development. 3 Credits.**

The complex role of systems in career counseling and development. Class and work experience in the areas of career assessment, computerized career planning, and the design and evaluation of career counseling systems.

**CNSL 6189. Career Development and the Contemporary Workforce. 3 Credits.**

Through case studies, simulations, and group work, the demographics and challenges of the workforce in the United States are examined. The knowledge, skills, and competencies necessary to respond to current trends and projected changes in the global workforce.

**CNSL 6190. Advanced Career Counseling. 3 Credits.**

Expansion of career development theory, concepts, and practice: the helping relationship, delivery systems, current market and economic information, and available resources. Prerequisite: CNSL 6155 (for counseling majors); permission of instructor is required for others. Material fee.

**CNSL 6268. Foundations of Clinical Mental Health Counseling. 3 Credits.**

Description of community counseling settings, problems clients present, and a consideration of appropriate intervention strategies.

**CNSL 6269. Practicum in Counseling. 3 Credits.**

One-semester clinical experience. Students work under faculty supervision, developing the therapeutic relationship and basic counseling competencies. Required minimum of 100 hours of work, 40 of which are direct service hours. Restricted to master's students in clinical mental health counseling, school counseling, rehabilitation counseling majors or counseling doctoral students doing leveling. Prerequisites: CNSL 6151, CNSL 6153, CNSL 6154, CNSL 6157, CNSL 6163, CNSL 6173, CNSL 6174, CNSL 6268, EDUC 6115, and HDEV 6108.

**CNSL 6270. Practicum II in Counseling. 3 Credits.**

Second in a two-semester clinical experience. Working with clients in the practicum clinic, agency, or school setting under intensive supervision, developing therapeutic relationship and basic counseling competencies. Six to eight hours of work per week are required for a minimum of 100 hours total over two practica. Prerequisite: CNSL 6269.

**CNSL 6271. Advanced Clinical Skills. 3 Credits.**

The practice of empirically supported counseling practice; essential interviewing and case conceptualization skills; developmentally relevant assessment, diagnosis, and treatment; and multicultural and social justice counseling. Restricted to students in master's and doctoral counseling programs. Prerequisites: CNSL 6269.

**CNSL 6376. Foundations of Rehabilitation Counseling. 3 Credits.**

Introduction to the field of rehabilitation counseling. History, development, and current practices. Key concepts, including vocational rehabilitation, roles and functions of the rehabilitation counselor, and independent living rehabilitation.

**CNSL 6378. Disability Management and Psychosocial Rehabilitation. 3 Credits.**

Disability management services; psychosocial aspects of disability; rehabilitation services for persons with psychiatric disabilities.

**CNSL 6380. Job Placement and Supported Employment. 3 Credits.**

Job development and modification: placement of persons with disabilities.

**CNSL 6381. Medical and Psychosocial Aspects of Disabilities. 3 Credits.**

Chronic and traumatic disorders with rehabilitation and psychosocial implications.

**CNSL 6395. Foundations of Forensic Rehabilitation Counseling I. 3 Credits.**

Overview of the roles and functions of professionals who provide forensic rehabilitation services in matters of litigation. Vocational assessments, labor market issues, transferable skills analysis, job analyses. Instruments utilized in forensic rehabilitation.

**CNSL 6396. Foundations of Forensic Rehabilitation Counseling II. 3 Credits.**

Workers' compensation, personal injury, medical/professional malpractice, catastrophic injury, loss of earnings capacity, and life care planning. Ethical standards, practices, federal court rules, and common situations found in the litigation process.

**CNSL 6397. Law and the Rehabilitation Consultant. 3 Credits.**

Overview of law and court procedures for forensic rehabilitation professionals. Qualification of forensic experts, roles and functions of expert witnesses, discovery, work product, hearsay, direct and cross-examination, admissibility of evidence, and opinions in state and federal venues.

**CNSL 6398. Psychopharmacology. 3 Credits.**

**CNSL 6466. Foundations of School Counseling K–12. 3 Credits.**

Study of the environmental and specialty elements for school counseling, with special attention to the principles and practices of school counseling.

**CNSL 6467. Coordination of Comprehensive School Counseling Services. 3 Credits.**

Theory and practice of classroom management for school counselors; creation and implementation of guidance programming, school system support; designation, coordination of services, systemic and student support for special education students. Restricted to students in the school counseling program.

Prerequisites: CNSL 6466 and CNSL 6269.

**CNSL 8100. Special Workshop. 1-12 Credits.**

Topics to be announced in the Schedule of Classes. May be repeated for credit.

**CNSL 8101. Research and Independent Study. 1-3 Credits.**

Guided individual research. Program and conferences arranged with an instructor.

**CNSL 8244. Advanced Group Counseling. 3-6 Credits.**

A post-master's course on interpersonal process groups, with didactic, experiential, and supervisory components. Prerequisites: CNSL 6161 and permission of the instructor.

**CNSL 8251. Advanced Psychopathology and Pharmacology. 3 Credits.**

In-depth study of psychopathology and standard pharmacological intervention to psychological dysfunction associated with distress or impaired functioning; the range of child, adolescent, and adult presentations of psychological disorders seen in clinical practice.

**CNSL 8252. Leadership and Advocacy in Counseling. 3 Credits.**

Exploration of leadership styles as they apply to counseling professionals. Ethical and multicultural issues associated with leadership and advocacy will be presented, consultation models will be introduced.

**CNSL 8253. Work, Identity, and Adult Development. 3 Credits.**

The influence of work on identity, intellectual and personality development, and other developmental attributes. Same as HDEV 8253/HOL 8742.

**CNSL 8254. Advanced Multicultural Counseling. 3 Credits.**

Recent research addressing key aspects of multicultural counseling. Practical knowledge about effective skills practice in the provision of services to clients from different cultural backgrounds, with emphasis on experiential and cognitive/behavioral approaches. Permission of the instructor required prior to enrollment. Prerequisite: CNSL 6163. Recommended background: PhD degree student in the field of counseling; completed a master's degree in counseling.

**CNSL 8255. Supervision in Counseling. 3 Credits.**

Theory and practice of clinical supervision and consultation for preparation to enter supervisory positions in the field of counselor education. Current thinking regarding supervisory theory/models, practice, research, and ethics. Permission of the instructor required prior to enrollment. Restricted to students in the PhD in counseling program.

**CNSL 8256. Doctoral Practicum in Counseling. 3 Credits.**

Supervised clinical experiences in applied settings. Students receive University-based supervision related to their cases through group supervision and case presentations.

**CNSL 8257. Doctoral Internship in Teaching. 3 Credits.**

Minimum 300 clock hours of supervised didactic and experiential learning activities relevant to instructional roles and responsibilities in counselor education.

**CNSL 8258. Advanced Theories of Counseling. 3 Credits.**

Current research on counseling and psychotherapy process and outcome; critical analysis of theory with applications for practice and research. For EdS and PhD degree candidates in the field of counseling. Permission of the instructor required prior to enrollment.

**CNSL 8259. Doctoral Internship in Supervision I. 3 Credits.**

Doctoral internship.

**CNSL 8260. Doctoral Internship in Supervision II. 3 Credits.**

Doctoral internship. Prerequisite: CNSL 8259.

**CNSL 8961. Doctoral Internship in Research. 3 Credits.**

Critical approach to reading research; practical experience in applied research design; integration of theoretical, research, and applied elements of the profession of counseling.

**CNSL 8998. Predissertation Seminar. 3 Credits.**

Required of all doctor of philosophy in the field of counseling degree candidates.

**CNSL 8999. Dissertation Research. 3,6 Credits.**

. Prerequisites: CNSL 8998 or EDUC 8998.

**HDEV 5099. Variable Topics. 1-99 Credits.**

**HDEV 6108. Life Span Human Development. 3 Credits.**

Continuity and change in developmental attributes. The developing person in relation to social norms, roles, and stage-graded expectations from birth to death. Interaction between biogenetics and environment.

**HDEV 6109. Child Development. 3 Credits.**

Typical development and the familial and social antecedents of developmental risk. Environments that foster competent children and developmental sequelae of childhood vulnerability and trauma. For graduate students in counseling, psychology, and related disciplines.

**HDEV 6110. Adolescent Development. 3 Credits.**

Key attributes and problems in adolescent development. Typical adolescent development and contemporary social problems in relation to stress, risk, and resilience. For graduate students in counseling, psychology, and related areas.

**HDEV 6129. Cultural Effects on Human Development. 3 Credits.**

Effects of culture on the experience and expression of self, others, space, time, faith systems, norms, and other attributes. Egocentric and sociocentric effects, primitive and technological effects. Group immersion as the basis for prejudice. Developmental consequences as a consequence of cultural context.

**HDEV 6161. Practicum in Human Development. 3 Credits.**

Permission of the instructor required prior to enrollment.

**HDEV 6162. Internship in Human Development. 3 Credits.**

Permission of the instructor required prior to enrollment.

**HDEV 6701. Adult Learning. 3 Credits.**

Same as HOL 6701.

**HDEV 8100. Issues and Special Topics in Human Development. 3-6 Credits.**

Issues and special contemporary topics related to child, adolescent, and adult development. Applications for professional roles.

**HDEV 8241. Emotional and Cognitive Development. 3 Credits.**

Emotional and cognitive development as related to self-esteem, social cognition, and interpersonal skills. Relationships among cognitive development, intellectual reasoning, insight, and social development.

**HDEV 8244. Adult and Aging Development. 3 Credits.**

Theories and research on personality and intelligence in adulthood. Research designs and methods. Implications of developmental data for counseling and selected professional roles.

**HDEV 8253. Work, Identity, and Adult Development. 3 Credits.**

The influence of work on identity, intellectual and personality development, and other developmental attributes. Same as CNSL 8253/ HOL 8742.