

# MINOR IN NUTRITION

The School of Public Health offers a minor in nutrition science through the Department of Exercise and Nutrition Sciences. Students completing the 18-credit minor gather knowledge and skills in nutrient function and metabolism, dietary sources of nutrients, and the role of nutrients throughout the lifecycle.

## ADMISSIONS

Information on the admission process is available on the Office of Undergraduate Admissions website (<https://undergraduate.admissions.gwu.edu/>). Applications may be submitted via the Common Application (<https://go.gwu.edu/commonapp/>).

Supporting documents not submitted online should be mailed to:

Office of Undergraduate Admissions  
The George Washington University  
800 21st Street NW, Suite 100  
Washington, DC 20052

Contact for questions:  
[gwadm@gwu.edu](mailto:gwadm@gwu.edu) or 202-994-6040

## REQUIREMENTS

The following requirements must be fulfilled: 18 credits, including 9 credits in required courses and 9 credits in selective courses.

Code	Title	Credits
<b>Required</b>		
EXNS 2119	Introduction to Nutrition Science	
EXNS 2122	Food Systems in Public Health <sup>1,2</sup>	
or EXNS 2126W	International Nutrition	
or EXNS 4199	Advanced Topics in Exercise and Nutrition Sciences	
EXNS 2124	Lifecycle Nutrition	
<b>Selectives</b>		
9 credits in courses selected from the following:		
EXNS 1114	Community Nutrition	
EXNS 2118	Sport and Nutrition	
EXNS 2120	Assessment of Nutritional Status	
EXNS 2122	Food Systems in Public Health <sup>1</sup>	
EXNS 2123	Nutrition and Chronic Disease	
EXNS 2126W	International Nutrition <sup>1</sup>	

EXNS 2127	Introduction to Food Policy
EXNS 3111W	Exercise and Nutrition Sciences Research Methods
EXNS 3120	Experiences in Community Nutrition
EXNS 4199	Advanced Topics in Exercise and Nutrition Sciences (ONLY: Metabolism in Exercise & Nutrition Sciences or Childhood Obesity Prevention) <sup>1,2</sup>
GEOG 2133	People, Land, and Food

<sup>1</sup>EXNS 2122, EXNS 2126W, and EXNS 4199 cannot be double counted as both a required course and a selective course.

<sup>2</sup>For EXNS 4199, only the topics Metabolism in Exercise and Nutrition Sciences, and Childhood Obesity Prevention, can be counted. Other topics offered under EXNS 4199 do not meet this requirement.